

CAPP Self-Report, Version 1

Name/ID: _____ Age: _____ Gender: _____ Date: _____

Directions: This questionnaire contains statements that different people might use to describe themselves. For each statement, select the choice that describes you best. There are no right or wrong answers; just choose the answer that best describes you.		False	Mostly False	Mostly True	True
1	I often tell people what I think they want to hear.	1	2	3	4
2	I am a stubborn person.	1	2	3	4
3	I would hate to hurt another person's feelings.	1	2	3	4
4	I intimidate others around if needed.	1	2	3	4
5	Some people probably find me a bit unpleasant, but I don't care.	1	2	3	4
6	I am usually relaxed and confident in a group of strangers.	1	2	3	4
7	I find it hard to back down from an argument even if I'm losing.	1	2	3	4
8	I am easily distractible.	1	2	3	4
9	I resent people in positions of authority.	1	2	3	4
10	I can go on and on with stories just to "wow" people.	1	2	3	4
11	I often feel cheerful.	1	2	3	4
12	I frequently try to assume a leadership position.	1	2	3	4
13	I often act without thinking.	1	2	3	4
14	I have no difficulty keeping focused on a task .	1	2	3	4
15	I often get into trouble for not planning ahead .	1	2	3	4
16	It doesn't take much for me to "fly off the handle".	1	2	3	4
17	I take lots of risks.	1	2	3	4
18	It is often difficult for me to pay attention to things .	1	2	3	4
19	My view of myself as a person is quite stable.	1	2	3	4
20	I prefer to be in charge.	1	2	3	4
21	At times I have used "big words" to sound intelligent.	1	2	3	4
22	I have special qualities.	1	2	3	4
23	I am usually calm in situations that others find stressful.	1	2	3	4
24	I admit, I am difficult to control.	1	2	3	4
25	I get irritated very easily.	1	2	3	4
26	I am mostly just interested in things that apply to me.	1	2	3	4
27	I have no problem being violent with others if the situation calls for it.	1	2	3	4
28	People have described me as a loner.	1	2	3	4
29	I often find socializing with others annoying or unpleasant.	1	2	3	4
30	I can be quite slick.	1	2	3	4
31	Let's face it, I'm pretty good at lying.	1	2	3	4
32	I am usually full of optimism.	1	2	3	4
33	I am often described as a kind person.	1	2	3	4
34	Most people think that I am superior to them.	1	2	3	4
35	I make a point to keep my promises.	1	2	3	4
36	People often complain that I can't sit still.	1	2	3	4
37	I seem to argue with others for no reason.	1	2	3	4
38	I often find that I have to be quite assertive in getting what I deserve.	1	2	3	4
39	Being unfaithful doesn't trouble me.	1	2	3	4
40	Others have told me that I refuse to accept responsibility for my actions.	1	2	3	4
41	I am (or, will one day be) very famous.	1	2	3	4
42	Being vague is often a good tactic.	1	2	3	4
43	I feel bad when I do something wrong.	1	2	3	4
44	I can easily relate to other people's feelings.	1	2	3	4
45	I have a difficult time sitting still for long periods.	1	2	3	4
46	People who do not agree with me are idiots.	1	2	3	4
47	I say I will do things but rarely follow through.	1	2	3	4
48	Being close to others is very important to me.	1	2	3	4

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		False	Mostly False	Mostly True	True
49	I use violence to control others.	1	2	3	4
50	I am a very important person.	1	2	3	4
51	I think life is full of satisfying things.	1	2	3	4
52	Very few things scare me.	1	2	3	4
53	I frequently find myself in arguments with others.	1	2	3	4
54	Most people are generally losers.	1	2	3	4
55	I get bored easily and lose focus.	1	2	3	4
56	I often get bored or zone out if a conversation doesn't focus on me or my interests.	1	2	3	4
57	To be honest, I don't really care about other people's opinions.	1	2	3	4
58	I have been called thoughtless before.	1	2	3	4
59	I often end up paying for other people's mistakes.	1	2	3	4
60	I believe I can meet almost any challenge and prevail.	1	2	3	4
61	I would feel no guilt if my words or actions caused someone else to get upset.	1	2	3	4
62	I plan things out carefully.	1	2	3	4
63	I often wonder who I am.	1	2	3	4
64	I deserve special treatment.	1	2	3	4
65	I quickly lose interest in tasks I have started.	1	2	3	4
66	I might be perceived as demanding, but I am also deserving.	1	2	3	4
67	I think telling the truth is the best policy.	1	2	3	4
68	I get blamed for too many things that go wrong.	1	2	3	4
69	I just don't feel very strongly for other people.	1	2	3	4
70	I keep commitments I have made.	1	2	3	4
71	Others often call me lazy.	1	2	3	4
72	Watching others in pain doesn't really bother me.	1	2	3	4
73	I tend to flood people with information just to give the impression of being cooperative.	1	2	3	4
74	Unless they are of use to me, I don't keep the same friends for very long.	1	2	3	4
75	I usually feel justified in hurting others because they will have deserved it.	1	2	3	4
76	It is important to follow rules.	1	2	3	4
77	I have made many hasty decisions without thinking them through.	1	2	3	4
78	I rarely fail.	1	2	3	4
79	Other people are mostly in my way.	1	2	3	4
80	I don't mind taking advantage of others to reach my goals.	1	2	3	4
81	Others generally view me as a considerate person.	1	2	3	4
82	It is sometimes necessary to exploit others to get ahead in life.	1	2	3	4
83	Others seem to think that I am not emotionally expressive.	1	2	3	4
84	I am a bit "fidgety".	1	2	3	4
85	I am an organized person.	1	2	3	4
86	Others seem frustrated with me because they think I am rigid or inflexible.	1	2	3	4
87	Most people are envious of my abilities.	1	2	3	4
88	People tend to find my moods unpredictable.	1	2	3	4
89	It is usually best if others just do what I tell them to do.	1	2	3	4
90	I can't shake the feeling that I am lacking something of importance within myself.	1	2	3	4
91	I am not afraid to take risks.	1	2	3	4
92	It is healthy to trust people.	1	2	3	4
93	With the exception of anger, I have never been one to express emotions.	1	2	3	4
94	Lying doesn't bother me.	1	2	3	4

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		False	Mostly False	Mostly True	True
95	I don't trust anyone.	1	2	3	4
96	Sometimes it is frankly necessary to manipulate others to achieve something.	1	2	3	4
97	I feel little or no loyalty to others.	1	2	3	4
98	When compared to others, I tend to stand out.	1	2	3	4
99	I always keep an eye out for what others might do to me.	1	2	3	4

Scoring Key for CAPP-SR Scales

Table 1. *CAPP-SR Symptom Scales.*

CAPP Symptom Scale	CAPP Items ^a	Summed Score ^b	Prorated Score ^c	Average Symptom Score ^d	Linear T-score ^e
A1. Detached	28, 29, 48r				
A2. Uncommitted	39, 74, 97				
A3. Unempathic	3r, 44r, 72				
A4. Uncaring	33r, 58, 81r				
B1. Lacks Perseverance	14r, 65, 71				
B2. Unreliable	35r, 47, 70r				
B3. Reckless	13, 17, 77				
B4. Restless	36, 45, 84				
B5. Disruptive	9, 24, 76r				
B6. Aggressive	4, 27, 49				
C1. Suspicious	92r, 95, 99				
C2. Lacks Concentration	8, 18, 55				
C3. Intolerant	46, 54, 79				
C4. Inflexible	2, 7, 86				
C5. Lacks Planfulness	15, 62r, 85r				
D1. Antagonistic	5, 37, 53				
D2. Domineering	12, 20, 89				
D3. Deceitful	31, 67r, 94				
D4. Manipulative	80, 82, 96				
D5. Insincere	1, 30, 42				
D6. Garrulous	10, 21, 73				
E1. Lacks Anxiety	6, 23, 52				
E2. Lacks Pleasure	11r, 32r, 51r				
E3. Lacks Emotional Depth	69, 83, 93				
E4. Lacks Emotional Stability	16, 25, 88				
E5. Lacks remorse	43r, 61, 75				
S1. Self-Centered	26, 56, 57				
S2. Self-Aggrandizing	22, 41, 50				
S3. Sense of Uniqueness	34, 87, 98				
S4. Sense of Entitlement	38, 64, 66				
S5. Sense of Invulnerability	60, 78, 91				
S6. Self-Justifying	40, 59, 68				
S7. Unstable Self-Concept	19r, 63, 90				

^a “r” indicated a reverse coded item.

^b Total sum of items on the scale to which the test taker has responded

^c Summed score, multiplied by 3, divided by number of items actually responded to

^d Summed score (or prorated score, if missing responses) divided by three; scores can therefore range from 1.00 to 4.00

^e Calculated as average symptom score minus normative mean score, divided by normative standard deviation, multiplied by 10, plus 50.

Table 2. *CAPP-SR Domain Scales.*

CAPP Domain Scale	Summed Average Symptom Scores ^a	Average Domain Scores ^b	Linear T-score ^c
Attachment			
Behavioral			
Cognitive			
Dominance			
Emotional			
Self			

^a Add the Average Symptom Scores for each domain from Table B1.

^b Summed Average Symptom Scores divided by number of symptoms for that domain (4-7); ranges from 1.00-4.00.

^c Calculated as average domain score minus normative mean score, divided by normative standard deviation, multiplied by 10, plus 50.

Table 3. *CAPP-SR Total Score*

CAPP Domain Scale	Summed Domain Scores ^a	Total Score ^b	Linear T-score ^c
Total Score			

^a Add the Average Domain Scores from Table B2.

^b Summed Domain Scores divided by six; the score will range from 1.00-4.00

^c Calculated as Total Score minus normative mean score, divided by normative standard deviation, multiplied by 10, plus 50.

CAPP-SR Manual

For full administration, scoring, and interpretation information, please download the freely available CAPP-SR manual.